

Breakthrough Plus Level 2 Wordlist

Abbreviations used in this wordlist:

adj = adjective

n = noun

phrase = phrase

phr v = phrasal verb

v = verb

Words and Phrases	Translation	Sample sentence
Unit 1		
check your e-mail (phrase)	เช็คอีเมลของคุณ, ตรวจสอบจดหมายอิเล็กทรอนิกส์	Do you check your e-mail every day?
clean up your room (phrase)	ทำความสะอาดห้องของคุณ	Do you always clean up your room on Sunday mornings?
do your homework (phrase)	ทำการบ้านของคุณ	I can usually help you do your homework .
eat dinner (phrase)	รับประทานอาหารเย็น	Sometimes we sit outside and eat dinner together.
get dressed (phrase)	แต่งตัว	Get dressed quickly – you're late.
get home (phrase)	กลับถึงบ้าน	I usually do my homework when I get home .
get up (phr v)	ตื่นนอน	I always get up late on Sundays.
go out with your friends (phrase)	ออกไปข้างนอกกับเพื่อน	You can go out with your friends once a week.
go to bed (phrase)	เข้านอน	I usually go to bed before midnight.

go to college / work (phrase)	ไปเรียน/ไปทำงาน	Do you ever go to work on the weekend?
have lunch (phrase)	รับประทานอาหารเที่ยง	We have lunch in the park when the weather is nice.
make a cup of coffee (phrase)	ทำกาแฟหนึ่งแก้ว	I always make a cup of coffee in the morning.
skip breakfast (phrase)	ไม่ได้ทานอาหารเช้า	On weekdays I often skip breakfast .
take a shower (phrase)	อาบน้ำ	I take a shower every day.
talk on the phone (phrase)	คุยโทรศัพท์	My mom says I talk on the phone too often.
wake up (phr v)	ตื่นนอน	I never wake up before 7am.
Expansion		
go home (phrase)	กลับบ้าน	Most evenings I go home for my dinner.
go out for dinner (phrase)	ออกไปรับประทานอาหารเย็น	Sometimes we go out for dinner to an Italian restaurant.
go to work early (phrase)	ไปทำงานแต่เช้า	I hardly ever go to work early .
have a good time (phrase)	มีเวลาที่ดี	We always have a good time on vacation.
have a party (phrase)	มีงานสังสรรค์	It's my birthday – let's have a party .
have a snack (phrase)	รับประทานอาหารว่าง	Every morning I have a snack at 11 am.
make a cup of coffee (phrase)	ชงกาแฟหนึ่งแก้ว	I'm going to make a cup of coffee – would you like one?
make dinner (phrase)	ทำอาหารเย็น	Dad doesn't make dinner very often.
make your bed (phrase)	ปูเตียง	Please make your bed every day before you go out.
stay at home (phrase)	อยู่บ้าน	I usually stay at home in the evening on weekdays.
stay in (phr v)	อยู่ข้างใน	I always stay in until I finish my homework.
stay up late (phrase)	นอนดึก	We can stay up late on Saturday night.
take off your make-up (phrase)	ล้างเครื่องสำอางออก	Always take off your make up before you go to bed.
take off your shoes (phrase)	ถอดรองเท้า	Take off your shoes when you come into the house.
take out the garbage (phrase)	เอาขยะออกไปทิ้ง	We take out the garbage every Thursday morning.
wash the dishes (phrase)	ล้างจาน	I sometimes wash the dishes after dinner.

wash your hair (phrase)	สระผม	Do you wash your hair twice a week?
wash your hands (phrase)	ล้างมือ	Please wash your hands before dinner.
Unit 2		
cook a meal (phrase)	ทำอาหาร	I love to cook a meal for my wife.
go biking (phrase)	ไปขี่จักรยาน	Shall we go biking ? No, I don't enjoy it very much.
go jogging (phrase)	ไปวิ่งออกกำลังกาย	Every morning we go jogging in a local park.
go to a karaoke bar (phrase)	ไปร้องคาราโอเกะ	On Sunday evenings I usually go to a karaoke bar .
go to a nightclub (phrase)	ไปที่สถานบันเทิงยามค่ำ	I go to a nightclub with my friends on Saturday nights.
go to a party (phrase)	ไปงานสังสรรค์	I'd love to go to a party with you on Friday night.
go to the fitness center (phrase)	ไปศูนย์ออกกำลังกาย	I only go to the fitness center occasionally – I don't like exercise very much.
go shopping (phrase)	ไปซื้อของ	My sister loves to go shopping for clothes.
have a picnic (phrase)	ไปที่สวนอกบ้านและนำอาหารไปรับประทาน	Can we have a picnic on Sunday? I'd really like that.
play basketball (phrase)	เล่นบาสเก็ตบอล	I usually play basketball twice a week at college.
play computer games (phrase)	เล่นเกมคอมพิวเตอร์	I like to play computer games with my friends in the evening.
play soccer (phrase)	เตะบอล	Tim usually plays soccer on Saturdays, but I hate soccer.
surf the net (phrase)	เล่นอินเทอร์เน็ต	Arnold likes to go online and surf the net in the evenings.
Expansion		
go to an amusement park (phrase)	ไปสวนสนุก	The kids like to go to an amusement park on vacation.
hockey (n)	กีฬาฮอกกี้	Do you play hockey ? No I'm not good at ball games.
judo (n)	กีฬายูโด	I'm learning judo at the fitness center.
listen to the radio (phrase)	ฟังวิทยุ	I like to listen to the radio a lot in the car.
rent DVDs (phrase)	เช่าดีวีดี	I don't rent DVDs any more – I download movies from the internet.
rock climbing (n)	ปีนเขา	Rock climbing is a very dangerous sport.

rugby (n)	รักบี้	We like to go to a rugby match most Saturdays.
sailing (n)	ล่องเรือ	Do you enjoy sailing on the lake?
skiing (n)	สกี	I don't like going skiing ; it's too cold.
table tennis (n)	ปิงปอง	It was great; we won the table tennis match last night.
take a trip out of town (phrase)	ออกไปเที่ยวนอกเมือง	When the weather's good we'll take a trip out of town .
visit the zoo (phrase)	เที่ยวสวนสัตว์	The kids love to visit the zoo and see all the animals.
volleyball (n)	วอลเลย์บอล	Tim is playing a lot of volleyball to keep fit.
Unit 3		
bring in the wash (phrase)	หยิบเสื้อผ้ามาซัก	Can you please bring in the wash when you get home?
hang up your coat (phrase)	แขวนเสื้อคลุม	Chris, hang up your coat please . Don't put it on that chair.
pick up your pen (phrase)	หยิบปากกาขึ้นมา	Don't forget to pick up your pen before you leave.
put away the groceries (phrase)	เอาของชำออกไป	Is it OK if I put away the groceries as well?
put down your bag (phrase)	วางกระเป๋าลง	Please don't put down your bag there.
put on your hat (phrase)	ใส่หมวก	It's raining so put on your hat .
put out a fire (phrase)	ดับไฟ	Would you mind putting out that fire , please?
turn down the radio (phrase)	ลดเสียงวิทยุ	Can you turn down the radio – I'm doing my homework?
turn off the TV (phrase)	ปิดทีวี	Do you want me to turn off the TV now?
turn on the light (phrase)	เปิดไฟ	Could you please turn on the light ?
turn up the air conditioning (phrase)	เร่งแอร์	Is it OK if I turn up the air conditioning ?
write down your address (phrase)	เขียนที่อยู่ของคุณ	Can you write down your address for me before you go?
Expansion		
find out (phr v)	ค้นพบ	Could you find out what time the next train is, please?
go over (phr v)	ทำซ้ำ	Don't forget to go over your notes before the interview.
look up (phr v)	เปิดดู	Could you look up what time the next train is, please?

put off (phr v)	ถอดออก	I'm sorry, but can you put off the meeting until next week?
set off (phr v)	เริ่มเดินทาง	What time do you usually set off for work in the morning?
stop by (phr v)	แวะ	Please stop by on your way home. I'd love to see you.
take care of (phr v)	ดูแล	Could you please take care of the children while I am away?
throw away (phr v)	โยนทิ้ง	Do you mind if I throw away these old magazines?
Unit 4		
art (n)	ศิลปะ	I saw a good programme about art on TV last night.
book a trip abroad (phrase)	จองตั๋วไปต่างประเทศ	Yesterday I went to book a trip abroad for 2 weeks.
buy a novel (phrase)	ซื้อหนังสือนิยาย	I love reading and I buy a novel every month.
cooking (n)	ทำอาหาร	I entered a cooking competition last year.
exercise (n)	ออกกำลังกาย	I do a lot of exercise to stay fit.
gardening (n)	จัดสวน	Yesterday I planted some flowers in the backyard – I love gardening .
go to a concert (phrase)	ไปคอนเสิร์ต	My parents want to go to a concert because they like listening to music.
languages (n)	ภาษา	I studied languages at college for 5 years.
movies (n)	ภาพยนตร์	I went to the movies with my friends last weekend.
music (n)	เพลง	At college I played rock music in a band.
plant some seeds (phrase)	หว่านเมล็ด	When did you last plant some seeds ? Oh last month.
take an evening class in (phrase)	ลงเรียนภาคค่ำ	I'd like to take an evening class in Spanish this term.
French (n)	ภาษาฝรั่งเศส, คนฝรั่งเศส	Last Sunday Michael went to French evening class.
take photos (phrase)	ถ่ายรูป	I always take photos when I go on vacation.
travel (v)	เดินทาง	I like going to new places. Really? I like travel too.
visit a museum (phrase)	เยี่ยมชมพิพิธภัณฑ์	Yesterday it was raining so we went to visit a museum .
watch a movie (phrase)	ดูหนัง	Did you watch a movie last weekend?

Expansion		
action (adj)	การกระทำ	The action movie we saw yesterday was very exciting.
bird (n)	นก	My grandma had a pet bird – it was very noisy.
bird watching (n)	การดูนก	Last weekend we went out of town on a bird watching trip.
cat (n)	แมว	Do you like pets? Yes, I do. I have a cat at home.
classical (adj)	ที่มีลีลาแนวคลาสสิก หรือแนวที่นิยมกันมาก่อน	My parents love classical music.
documentary (n)	สารคดี	We watched an interesting documentary on TV last night.
dog (n)	หมา	My dad takes the dog for a walk every evening.
fishing (n)	ตกปลา	Fishing is the most popular hobby in the world.
game show (n)	รายการเกมโชว์	I won \$500 on a TV game show last year.
jazz (n)	ดนตรีแจ๊ส	My wife hates jazz , but I like it.
photography (n)	การถ่ายภาพ	One of my interests is photography - I started it three years ago.
playing cards (phrase)	เล่นไพ่	My dad goes playing cards on a Friday night.
playing chess (phrase)	เล่นหมากรุก	I was good at playing chess when I was at school.
playing pool (phrase)	เล่นบิลเลียด	We were playing pool very late last night.
rabbit (n)	กระต่าย	My sister had a pet rabbit , but it died last year.
rap (adj)	ดนตรีแนวแรพ	My sister listens to rap music, but I don't like it.
reggae (n)	ดนตรีแนวเร็กเก้ มีต้นกำเนิดจากประเทศจาไมกา	Last year we went on vacation to Jamaica and listened to lots of reggae .
science fiction (n)	นวนิยายวิทยาศาสตร์	I collect books and movies about science fiction .
snowboarding (n)	การเล่นสโนว์บอร์ด	Last winter we went snowboarding – it was very exciting.
sports news (n)	ข่าวกีฬา	What time is the sports news on today?
stamp collecting (n)	สะสมแสตมป์	Many years ago stamp collecting was one of my hobbies.
talk show (n)	รายการทอล์คโชว์, รายการทีวีที่มีการพูดคุยกับแขกรับเชิญ	There is a talk show on TV every morning but I think they are boring.

thriller (n)	เรื่องตื่นเต้น	We went to watch a thriller at the movie theater last night.
western (adj)	ประเทศตะวันตก	My parents like to watch old western movies.
Unit 5		
angry (adj)	โกรธ	I get angry when the computer is very slow.
bored (adj)	เบื่อ	The play was too long last night and I was bored .
embarrassed (adj)	ขายหน้า	I was embarrassed because I couldn't remember her name.
excited (adj)	ตื่นเต้น	She was really excited when she saw Leonardo DiCaprio.
impatient (adj)	ใจร้อน	I am always impatient when the traffic is bad.
nervous (adj)	กระวนกระวาย	I get nervous before an exam.
pleased (adj)	พอใจ	I was really pleased when I passed all my exams.
scared (adj)	กลัว	I am always scared of spiders.
upset (adj)	โกรธ	Were you really upset when you broke your camera?
Expansion		
anxious (adj)	วิตกกังวล	I was really anxious on my first day at school.
disappointed (adj)	ผิดหวัง	My parents were disappointed with my exam results.
relaxed (adj)	ผ่อนคลาย	I always feel relaxed after my yoga class.
Unit 6		
blow up balloons (phrase)	ลูกโป่งแตก	I'll put up the lights. OK! I'll blow up balloons .
dance all night (phrase)	เต้นทั้งคืน	We'll dance all night at New Year's Eve.
dress up in traditional clothes (phrase)	แต่งตัวตามประเพณี	We are going to dress up in traditional clothes at the carnival.
exchange presents (phrase)	แลกของขวัญกัน	We're going to exchange presents at the party.
light candles (phrase)	จุดเทียน	The children will light candles on Saint Martin's Day in Holland.
make a cake (phrase)	ทำเค้ก	My mother is going to make a cake called St. Basil's Cake.
put up decorations (phrase)	ตกแต่ง	In Peru, people celebrate Independence Day and put up decorations .

send cards (phrase)	ส่งการ์ด, ส่งบัตร	We don't celebrate New Year – I'm not even going to send cards .
set off fireworks (phrase)	จุดดอกไม้ไฟ	On Saint Patrick's Day Irish people all over the world set off fireworks .
visit relatives (phrase)	เยี่ยมญาติ	This year on Independence Day I'm going to visit relatives in Lima.
watch a parade (phrase)	ดูขบวนแห่	I'm going to wear a green hat and watch the parade on Saint Patrick's Day.
Expansion		
Congratulations! (n)	ขอแสดงความยินดี	It's my birthday today. Congratulations! Are you going to have a party?
Don't worry. (phrase)	ไม่ต้องกังวล	Don't worry. I'll help you choose something for Father's Day.
Good luck! (phrase)	ขอให้โชคดี	I'm going to take my final exams tomorrow. Good luck!
Oh no! What a shame. (phrase)	ไม่นะ น่าขายหน้าจริงๆ	It rained all day. Oh no! What a shame. Did you get wet?
Thanks for reminding me. (phrase)	ขอบคุณที่เตือนฉัน	Thanks for reminding me that it's John and Gail's wedding anniversary next week.
That's OK. (phrase)	ไม่เป็นไร	I haven't got anything to wear! That's OK, I have a costume you can borrow.
Unit 7		
bag of pasta (phrase)	พาสต้าหนึ่งถุง	Did you get a large bag of pasta ? No, I just got a small one.
bag of potato chips (phrase)	มันฝรั่งทอดหนึ่งถุง	I think I'll buy a bag of potato chips , too.
bag of rice (phrase)	ข้าวหนึ่งถุง	We eat one bag of rice every week.
bag of salad (phrase)	สลัดหนึ่งถุง	This bag of salad is old – can you buy a new one please?
bottle of olive oil (phrase)	น้ำมันมะกอกหนึ่งขวด	I will get a good bottle of olive oil for the salad.
bottle of soy sauce (phrase)	ซีอิ๊วหนึ่งขวด	We'll have Chinese food tonight; do we have a bottle of soy sauce ?
bottle of vinegar (phrase)	น้ำส้มสายชูหนึ่งขวด	Put this bottle of vinegar on the table please.
bottle of water (phrase)	น้ำหนึ่งขวด	I take a bottle of water with me when I go jogging.

bowl of soup (phrase)	ซุปรหนึ่งชาม	It's cold today-- let's have a bowl of soup for lunch.
bowl of sugar (phrase)	น้ำตาลหนึ่งชาม	Do you have a bowl of sugar please?
box of cereal (phrase)	ซีเรียลหนึ่งชาม	Would you like this box of cereal for breakfast?
box of chocolates (phrase)	ช็อคโกแลตหนึ่งกล่อง	I always buy my Mom a box of chocolates on her birthday.
bunch of bananas (phrase)	กล้วยหนึ่งหวี	That's a big bunch of bananas .
bunch of grapes (phrase)	องุ่นหนึ่งพวง	I'll take a bunch of grapes to Grandma in hospital.
can of soda (phrase)	โซดาหนึ่งกระป๋อง	Please take this can of soda to your brother.
can of tomatoes (phrase)	มะเขือเทศหนึ่งกระป๋อง	I'll put a large can of tomatoes in the soup.
can of tuna fish (phrase)	ปลาทูน่าหนึ่งกระป๋อง	Shall I buy a can of tuna fish ?
carton of eggs (phrase)	ไข่หนึ่งแผง	I'm sorry I dropped the carton of eggs .
carton of fruit juice (phrase)	น้ำผลไม้หนึ่งกล่อง	Would you like a drink? There is a carton of fruit juice in the fridge.
carton of ice-cream (phrase)	ไอศกรีมหนึ่งกล่อง	We ate a big carton of ice cream last night.
carton of milk (phrase)	นมหนึ่งกล่อง	We drink a carton of milk every day.
jar of coffee (phrase)	กาแฟหนึ่งขวดโหล	This jar of coffee was cheap in the store today.
jar of honey (phrase)	น้ำผึ้งหนึ่งขวดโหล	Please pass the jar of honey for my toast.
jar of jam (phrase)	แยมหนึ่งขวดโหล	My Gran gave me a jar of jam she made.
piece of cake (phrase)	เค้กหนึ่งชิ้น	We had a piece of cake and a cup of coffee in the coffee shop.
piece of fruit (phrase)	ผลไม้หนึ่งชิ้น	I take a piece of fruit and a sandwich to work for my lunch.
piece of sushi (phrase)	ซูชิหนึ่งชิ้น	I like fish so I had a piece of sushi at the restaurant.
piece of toast (phrase)	ขนมปังปิ้งหนึ่งแผ่น	Every morning I have a piece of toast with some jam for breakfast.
slice of bread (phrase)	ขนมปังหนึ่งแผ่น	Please can I have a slice of bread and some cheese?
slice of cheesecake (phrase)	ชีสเค้กหนึ่งชิ้น	I had a slice of cheesecake for dessert – it's my favorite.
slice of pizza (phrase)	พิซซ่าหนึ่งชิ้น	I'm hungry so I want a big slice of pizza .

Expansion		
beans (n)	ถั่ว	We cook beans for supper a lot, because they're cheap.
beef (n)	เนื้อวัว	How much beef would you like, Madam?
broccoli (n)	ผักบร็อกโคลี่	Some vegetables are OK, but I hate broccoli .
cabbage (n)	กะหล่ำปลี	I'd like some cabbage and some carrots please.
cauliflower (n)	กะหล่ำดอก	Cauliflower is my favorite vegetable.
chicken (n)	ไก่	You can eat great fried chicken in the southeast of America.
cod (n)	ปลาคอด	Cod and fries is a very popular dish in the UK.
crab (n)	ปู	The seafood salad is crab or shrimp – which would you like?
eel (n)	ปลาไหล	I have never eaten eel , have you?
lamb (n)	แกะ	I often have lamb . It's my favorite meat.
lemon (n)	มะนาว	Can you put a slice of lemon in my soda please?
lobster (n)	กุ้งมังกร	Did you know Boston is famous for lobster ?
mackerel (n)	ปลาอินทรี	I eat mackerel often. it is good for you.
melons (n)	เมลอน	We grow lovely, big melons in our garden.
mussels (n)	หอยแมลงภู่	The fish shop didn't have any mussels today.
oranges (n)	ส้ม	There are always lots of oranges at the fruit market.
oysters (n)	หอยนางรม	For dinner last night at the restaurant I had a few oysters .
pear (n)	ลูกแพร์	I have some fruit – would you like an apple or a pear ?
salmon (n)	ปลาแซลมอน	The last time I ate salmon was when I had sushi two days ago.
sausage (n)	ไส้กรอก	There will be sausage and burgers at the barbeque.
shrimps (n)	กุ้ง	These shrimps are very small – do you have any large ones?
strawberries (n)	สตอเบอรี่	We will have strawberries and cream at the picnic this afternoon.
tuna (n)	ปลาทูน่า	Did you buy any cans of tuna at the grocery store?

zucchini (n)	ผักซูกินี	We cook zucchini in olive oil with tomatoes and onions.
Unit 8		
boarding card (n)	ใบขึ้นเครื่องบิน	You have to show your passport and boarding card at passport control.
book your ticket (phrase)	จองตั๋ว	You could book your ticket on the internet.
buy some duty-free goods (phrase)	ซื้อของจากร้านปลอดภาษี	I have to buy some duty-free goods at the airport.
cabin crew (n)	ลูกเรือ	The cabin crew can get you a drink on the plane.
carry-on baggage (n)	กระเป๋าถือขึ้นเครื่อง	Can I put my laptop in my carry-on baggage ?
check your bags (phrase)	ตรวจกระเป๋า	You have to check your bags before you travel.
collect your bags from the baggage claim (phrase)	เก็บกระเป๋าจากสายพาน	At the airport you can collect your bags from the baggage claim .
departure lounge (n)	ห้องพักขาออก	You wait in the departure lounge for your flight.
excess baggage (n)	กระเป๋าน้ำหนักเกิน	Can I take excess baggage ? Yes – it is \$25 per kilogram.
exchange money (phrase)	แลกเปลี่ยนเงิน	Maybe you can exchange money while you're downtown.
flight number (n)	เบอร์เที่ยวบิน	Can you see the flight number on our tickets?
get a visa (phrase)	ทำวีซ่า	Last summer I went to the US and I had to get a visa .
get travel insurance (phrase)	ประกันการเดินทาง	Do I have to get travel insurance for this vacation?
get some vaccinations (phrase)	ฉีดวัคซีน	I had to get some vaccinations before I travelled to Kenya.
go through passport control (phrase)	ผ่านการตรวจหนังสือเดินทาง	You must go through passport control before you can get on the plane.
Expansion		
fill out (phr v)	กรอก	You may need to fill out an immigration form.
get off (phr v)	ออก	When you arrive get off the plane and pick up your baggage.
get on (phr v)	เข้า	Then get on the plane and find a seat.
go through (phr v)	ผ่านไป	When you arrive at the airport go through to the departure lounge.

take off (phr v)	เครื่องขึ้น	The plane will take off at 3 pm.
take out (phr v)	ถอดออก	When you travel, it's a good idea to take out travel insurance.
Unit 9		
adventurous (adj)	ชอบผจญภัย	Your friends tell me you're a very adventurous person.
boring (adj)	น่าเบื่อ	I have been scuba diving but it was fairly boring , actually. I didn't see any fish.
dangerous (adj)	อันตราย	Have you ever tried water skiing? No – I think it's dangerous .
difficult (adj)	ยาก	Water-skiing's really difficult ! I can't seem to keep my balance.
exciting (adj)	น่าตื่นเต้น	In 2011 Annie went hang-gliding. She thought it was really exciting .
expensive (adj)	แพง	I enjoyed visiting France last year, but it was expensive .
hang gliding (n)	ร่อนเครื่องร่อน โครงสร้างเบาปีกกว้าง	I never want to go hang gliding - I think it's scary.
horseback riding (n)	ขี่ม้า	Jessica thinks horseback riding is frightening.
hot-air ballooning (n)	นั่งบอลลูน	Last year I went hot-air ballooning with my family and I really liked it.
mountain biking (n)	จักรยานเสือภูเขา	We went mountain biking in the hills outside the city. It was fun, but very hot.
sailing (n)	ล่องเรือ	We've been sailing and it was fun.
scary (adj)	น่ากลัว	It was my first time skydiving, and to be honest it was pretty scary .
scuba diving (n)	ดำน้ำโดยถังน้ำ	Last summer I took a scuba diving course in Thailand.
skydiving (n)	กระโดดร่ม	I've been skydiving in Hawaii. It was amazing.
tiring (n)	น่าเหน็ดเหนื่อย	The camel ride we went on was very hot and tiring .
water-skiing (n)	สกีน้ำ	I think water-skiing is fun, but it is dangerous.
Expansion		
confused (adj)	สับสน	I'm confused – I don't know which way to go.

confusing (adj)	น่าสับสน	I can't understand the instructions. They're very confusing .
disappointed (adj)	ผิดหวัง	We are disappointed that our team lost the football game.
disappointing (adj)	น่าผิดหวัง	My brother hasn't written to me for months. That's very disappointing .
frightened (adj)	เกรงกลัว	I am frightened that I will fall.
frightening (adj)	น่าเกรงกลัว	What did you think of the horror movie? It was very frightening .
relaxed (adj)	ผ่อนคลาย	We were all very relaxed on vacation.
relaxing (adj)	น่าผ่อนคลาย	I spent two weeks at the beach. It was really relaxing .
worried (adj)	เป็นห่วง	Are you OK? I'm worried about you.
worrying (adj)	น่าเป็นห่วง	My brother hasn't written to me for months. That's very worrying .
Unit 10		
backache (n)	ปวดหลัง	Do you have backache ? Maybe you should lie down and rest.
be stressed out (phrase)	อ่่าเครียด	My brother will be stressed out if he has failed the course .
cold (n)	หนาว	Well, for a cold you should take a hot bath.
cough (n)	ไอ	My cough isn't getting better. What should I do?
drink a lot of water (phrase)	ดื่มน้ำเยอะๆ	You should take some vitamins and drink a lot of water too.
fever (n)	ไข้	Yes, you're very hot. I think you have a fever .
the flu (n)	หวัด	I feel terrible – I think I have the flu .
go to the dentist (phrase)	ไปหาหมอฟัน	You've had a toothache for ages. You should go to the dentist .
go to the doctor (phrase)	ไปหาหมอ	I think you should go to the doctor , too.
headache (n)	ปวดหัว	Take some aspirin . Your headache will get better.
lie down (phr v)	นอนลง	Why don't you lie down and relax? Yes I'll do that.
problems sleeping (phrase)	มีปัญหาการนอน	You shouldn't drink coffee late at night because you will have problems sleeping .

sore throat (n)	เจ็บคอ	I've drunk honey and lemon, but my sore throat hasn't improved.
sprained ankle (n)	ข้อเท้าพลิก	For a sprained ankle you should take aspirin and lie down.
stay in bed (phrase)	นอนอยู่บนเตียง	If I were you I'd get plenty of rest. You should stay in bed , really.
stomach ache (n)	ปวดท้อง	Have you got a stomach ache ? You shouldn't eat any food, just drink water.
sunburn (n)	ผิวไหม้จากแสงแดด	Gary has a bad sunburn . He should use a lotion.
take aspirin (phrase)	กินยาแก้ปวด	Kevin has a headache , so he should take aspirin.
take some medicine (phrase)	กินยา	If you don't feel very well why don't you take some medicine ?
take some vitamins (phrase)	กินวิตามิน	You've been sick a few times recently, so I think you should take some vitamins .
toothache (n)	ปวดฟัน	For a toothache , you should visit a dentist .
try to relax (phrase)	พยายามผ่อนคลาย	Tony's really stressed out. Yes, he should try to relax .
use lotion (phrase)	ทาโลชั่น	If you have sunburn you can use lotion , or mix olive oil and vinegar, and put it on the sunburn.
Expansion		
aching muscles (phrase)	ปวดกล้ามเนื้อ	Whenever I have aching muscles I take a hot bath.
antibiotics (n)	ยาปฏิชีวนะ	He said I had a chest infection and gave me a prescription for some antibiotics .
appointment (n)	การนัดพบ	I was sick, so I called the doctor's office and made an appointment .
asthma (n)	โรคหืด	My asthma is bad – where is my inhaler?
blood pressure (n)	ความดันเลือด	The doctor took my temperature and blood pressure .
chest infection (phrase)	ติดเชื้อที่หน้าอก	I have taken the antibiotics and my chest infection is better.
doctor's office (phrase)	ที่ทำงานหมอ	I went to the doctor's office and explained the problem.
eye drops (n)	ยาหยอดตา	My eyes are really sore, so I'm going to the drugstore for some eye drops .
infection (n)	ติดเชื้อ	The doctor gave me some antibiotics for my infection .

inhaler (n)	ชาดม	Do you have your inhaler with you?
insect bite (phrase)	โดนแมลงกัด	Why don't you put some lotion on that insect bite .
lotion (n)	โลชั่น, ยาทาตัว	That's a bad insect bite – you should use lotion .
prescription (n)	ใบสั่งยา	I'll take this prescription to the drugstore now.
temperature (n)	อุณหภูมิ	I feel very hot . Can you take my temperature please?
upset stomach (phrase)	ปวดท้อง	If I were you I'd take some medicine for your upset stomach .
Unit 11		
bad-tempered (adj)	อารมณ์ไม่ดี	I guess the most bad-tempered person I know is my sister.
confident (adj)	ความมั่นใจ	Things aren't so bad. Try to be more confident .
disorganized (adj)	ไม่มีระเบียบ	My roommate is the most disorganized person I've ever met.
easygoing (adj)	ไม่รีบเร่ง	I love working here. The atmosphere is so relaxed and easygoing .
forgetful (adj)	ขี้ลืม	Kai is so forgetful . He left home this morning without the front door key!
optimistic (adj)	มองโลกในแง่ดี	I'm optimistic that I can finish all my homework before Sunday.
outgoing (adj)	เข้าสังคมง่าย	Would you say you are more outgoing than your friends?
punctual (adj)	ตรงเวลา	What's your new instructor like? A lot more punctual , so I'm very happy about that.
romantic (adj)	โรแมนติก	For me the best was definitely Rome – it's such a romantic city.
selfish (adj)	เห็นแก่ตัว	He is so selfish ! He should turn his phone off in the movie theater.
sensitive (adj)	ไวต่อสิ่งกระตุ้น, รับความรู้สึกได้ง่าย	Martin is very sensitive . He gets upset very easily.
sociable (adj)	เข้ากับคนง่าย	I don't want to see anyone tonight. I'm not feeling very sociable .
stingy (adj)	ขี้เหนียว	Tim is very stingy . He never buys any drinks when we go out.
strict (adj)	เข้มงวด	My high school science teacher was really strict . We always had to do our homework.
Expansion		

clever (adj)	ฉลาด	Mike is not as clever as his sister – she will pass all her exams.
considerate (adj)	คิดถึงความคิดของผู้อื่น	The music is too loud. Please turn it down and try to be more considerate .
creative (adj)	มีความคิดสร้างสรรค์	My father is the most creative and imaginative person in my family.
dependable (adj)	เชื่อถือได้	The school bus is not very dependable . It is often late.
efficient (adj)	มีประสิทธิภาพ	The trains in Switzerland are much more efficient than at home.
energetic (adj)	มีพลัง	I'm tired; can we do something less energetic ?
fashionable (adj)	ทันสมัย	Paris is the most fashionable and stylish city in Europe.
imaginative (adj)	เพ้อฝัน	Did you like that book? It's very imaginative .
intelligent (adj)	มีไหวพริบ	I think dogs are more intelligent and clever than cats.
irritable (adj)	จี้โมโห	I am always irritable in the morning until I have a coffee.
lively (adj)	กระตือรือร้น	The children are less lively and energetic today.
moody (adj)	หงุดหงิด	Why are you so moody and irritable? You should take a vacation.
reliable (adj)	ไว้วางใจได้	Are you reliable ? Yes, I think so. I always do what I say I'm going to do.
stylish (adj)	นำสมัย	Stylish and fashionable clothes are so expensive.
thoughtful (adj)	ครุ่นคิด	I like my new teacher. He is very thoughtful and considerate.
well-organized (adj)	เป็นระเบียบ	She's a well-organized student. She's working very efficiently this semester.
Unit 12		
digital camera (n)	กล้องถ่ายรูปแบบดิจิทัล	I've just bought a digital camera , but it doesn't work.
DVD recorder (n)	เครื่องบันทึกดีวีดี	Hey, that DVD recorder looks good. Is it new?
e-reader (n)	อุปกรณ์ที่ใช้อ่านหนังสืออิเล็กทรอนิกส์	Are you enjoying reading books on your new e-reader ?
flat-screen TV (n)	ทีวีจอแบน	I've only had this flat-screen TV since the day before yesterday.
GPS navigation system (n)	เครื่องนำทาง	The screen is scratched already on my new GPS navigation

		system.
It won't eject (phrase)	มันไม่ยอมออกมา	I think this new DVD player has just broken. It won't eject the DVD.
It's just crashed (phrase)	มันมีปัญหา	This new computer is great. Oh no! What's wrong? It's just crashed.
It's making a funny noise (phrase)	มันมีเสียงแปลกๆ	Is the photocopier broken? It's making a funny noise.
MP4 player (n)	เครื่องเล่น MP4	Have you used your new MP4 player yet? Sure! I've already downloaded a lot of music.
notebook PC (n)	คอมพิวเตอร์โน้ตบุ๊ก	I've had this notebook PC for two weeks now and it's really light and great when I travel.
photocopier (n)	เครื่องถ่ายเอกสาร	We've had this photocopier for over 3 years. We should get a new one.
portable gaming console (n)	เครื่องเกมแบบพกพา	Dave has just bought a portable gaming console but he hasn't tried any games yet.
tablet (n)	เครื่องคอมพิวเตอร์ส่วนบุคคล ชนิดที่มีระบบรับข้อมูลการขีดเขียนด้วยปากกาทาบจอภาพ	Do you want to have a look at my new tablet PC ?
The battery's dead (phrase)	แบตเตอรี่หมด	You turn it on like this ... Oh no, the battery's dead!
The keyboard's broken (phrase)	แป้นพิมพ์เสีย	The keyboard's broken on this laptop already, and I've only had it a week.
The lens is scratched (phrase)	หน้าจอมีรอยขีดข่วน	I haven't used this new digital camera yet, but the lens is scratched.
The memory card's stuck (phrase)	แผ่นความจำค้าง	I can't use my cell phone. The memory card's stuck.
The paper's jammed (phrase)	กระดาษติด	The paper's jammed in John's printer.
The picture's fuzzy (phrase)	ภาพไม่ชัด	The picture's fuzzy on my new flat screen TV. Can you fix it?
The remote control won't work (phrase)	รีโมตใช้ไม่ได้	The remote control won't work. I think the battery's dead.
The screen's gone blank (phrase)	หน้าจอหายไป	John has just bought a new plasma TV but the screen's gone blank.
touch-screen monitor (n)	หน้าจอแบบสัมผัส	My new tablet PC has a touch-screen monitor.

wireless router (n)	ตัวต่อสัญญาณแบบไร้สาย	Since I bought a wireless router , I've been able to use my laptop in my bedroom.
Expansion		
download (v)	ดาวน์โหลด, เก็บข้อมูล	It takes only a few seconds to download a movie.
firewall (n)	ระบบรักษาความปลอดภัยในเครื่องคอมพิวเตอร์	We use a high quality firewall to protect all our data.
hard disk (n)	ฮาร์ดดิสก์ที่ใช้บรรจุกข้อมูลในคอมพิวเตอร์	There isn't a lot of space left on this hard disk . It's almost full.
laptop (n)	คอมพิวเตอร์แบบพกพา	The new V300 laptop is so thin and light you can take it anywhere.
modem (n)	อุปกรณ์เชื่อมต่ออินเทอร์เน็ตผ่านสายโทรศัพท์	I can't get online because my modem isn't working.
monitor (n)	หน้าจอ	This 40-inch flat-screen monitor is the best on the market.
smartphone (n)	สมาร์ทโฟน, โทรศัพท์มือถือที่รองรับระบบปฏิบัติการต่างๆของคอมพิวเตอร์	My favorite gadget is my Smartphone . I've had it for nearly a year.
spam (n)	ข่าวขยะ	The biggest problem with e-mail is all the spam you get.
virus (n)	ไวรัสคอมพิวเตอร์	It seems that every week a dangerous new virus is spread over the internet.
web browser (n)	โปรแกรมดูเว็บไซต์	The latest version of this web browser means you can surf the internet more quickly.